



560 Bradley Parkway – Unit 4
Blauvelt, NY 10913

Phone: 845-727-0800
Fax: 845-727-0864

Toll Free: 888-884-7770
E-mail: info@americanbiosciences.com

ImmPower™ (Frequently Asked Questions)



1. What is ImmPower?

ImmPower is a dietary supplement containing a pure form of AHCC (Active Hexose Correlated Compound), which is a standardized extract made by the fermentation of a proprietary mushroom hybrid. It has been the subject of more than 30 articles in peer-reviewed journals describing research in animals and humans, showing that AHCC supports peak Natural Killer (NK) cell function, and associated immune system activity. Natural Killer cells have been identified by scientists as the most powerful white blood cells in our immune system...killing and destroying any “non-self” cells, which are any cells that don’t belong in your body.

In the formulation of ImmPower AHCC, Japanese scientists isolated the most beneficial immune supporting attributes of several medicinal mushrooms and then bred them together to create a hybrid variety that contains the most powerful benefits of each...all rolled into one! AHCC is so potent that dozens of scientific studies have established it to be one of the most powerful – and safe – immune stimulators available.

2. What are the benefits of taking ImmPower?

ImmPower™ is gaining the endorsement of leading experts in natural and nutritional medicine, because it is supported by some of the best research in the natural products industry. In-vivo and in-vitro research demonstrates mechanisms of action and multi-year human trials with hundreds of participant’s shows clinical benefits and safety. The majority of patients in several studies showed improvements in health that corresponded with ImmPower's support of peak Natural Killer Cell function, enhanced Cytokine production and Optimal T-Cell and Macrophage activity.

Research on AHCC, the primary ingredient in ImmPower, can be found at the website, www.ahccpublishedresearch.com, and by searching the NIH (National Institute of Health) Pubmed website, www.pubmed.gov, with the search term, “Active Hexose Correlated Compound.”

3. What are the ingredients in ImmPower?

The sole ingredient in ImmPower is AHCC®, a proprietary hybridization of several Japanese mushrooms used in traditional healing. AHCC® has a unique alpha-1, 4 glucan structure and low molecular weight that research shows provides unsurpassed support for the immune system’s front-line defenses. ImmPower is available in capsule form (which is vegetarian capsules) and is sold in 30-count bottles.

4. If I am allergic to mushrooms, can I take ImmPower?

Allergies to mushrooms are most often associated with exposure to mushroom spores which originate in the top of the mushroom, called the fruiting body. ImmPower AHCC is derived from the mycelia or root of the mushroom, and contains no spores. In addition, as part of the manufacturing process, the raw material is subjected to a fermentation process that breaks down the high molecular weight and very tough to digest molecules found in mushrooms into low molecular weight compounds which further lower any allergenic potential. Many people who believe they are allergic to mushrooms take ImmPower successfully. However, if you are concerned, please feel free to check with a healthcare professional that specializes in natural products, and start on ImmPower very slowly – a quarter of a capsule on the tip of your tongue at first, and if you don't experience itching in your mouth or other signs of allergy, work your way up to 2 or 6 capsules per day over a period of several days.

5. Where does ImmPower come from?

American BioSciences, Inc. of Blauvelt, NY manufactures ImmPower and has completed the FDA process of establishing ImmPower as GRAS (Generally Recognized as Safe), a designation that allows its use in foods, beverages and dietary supplements.

AHCC®, the ingredient in ImmPower, is manufactured by the Amino-Up Chemical Company in Sapporo, Japan.

6. What is the recommended usage of ImmPower?

As a dietary supplement, for the maximum benefits of the product, one should take six capsules (3 grams) of ImmPower each day – two capsules three times per day. For a maintenance dosage of the product, one should take two capsules (1 gram) of ImmPower each day – one capsule in the morning and one in the evening. For best results, use ImmPower daily.

ImmPower can be taken with or without food, and it should be taken one hour apart from other products. If one has problems taking capsules, the capsules can be broken open and sprinkled over a cold food (i.e. applesauce, yogurt, pudding, etc.)

Please consult with a healthcare professional for recommended usage levels for children, for guidance on alternative usage levels, and use in combination with other dietary supplements and/or medications.

7. Are there any precautions with taking ImmPower?

ImmPower should be kept out of the reach of children. Women should consult with a healthcare professional prior to taking ImmPower if they are pregnant or nursing.

8. Are there any side effects and/or contraindications associated with ImmPower?

There are no known contraindications or side effects with ImmPower. If one is taking any medications or taking other supplements, we do recommend consulting with a healthcare professional prior to taking ImmPower.

9. How long does someone take ImmPower before they notice a difference? Is there a way to tell that the product is working?

People taking ImmPower can notice an improvement in energy levels, concentration, appetite and stress within just hours after taking the product. Research on AHCC has shown that in as little as four hours, Natural Killer (NK) cell activity can triple in activity (up to 300% in activity.) However, how quickly one will see results does depend on the initial state of their immune system and whether or not it is very compromised and/or suppressed.

In addition to seeing and feeling noticeable results, there is a blood test available called the Natural Killer (NK) Cell Activity Test. Many healthcare professionals offer this test to their patients.

10. How long should someone continue to take ImmPower?

People in fragile states of health need more help staying healthy than those in more robust good health. Determining how long to use ImmPower comes down to a personal judgment of when one is “healthy enough.” Consulting with a physician may help in evaluating the factors that determine whether to continue or to stop use this dietary supplement? People using ImmPower can stop at anytime without experiencing side-effects or withdrawal. It is non-addictive and non-habit forming.

11. What does it cost to use ImmPower on a monthly basis?

The monthly cost for ImmPower depends on what dosage one is taking. ImmPower is available in a bottle that contains 30 capsules and has a suggested retail price of \$49.95. When taking a maintenance dosage daily, one would need two bottles each month of ImmPower, and when taking the product for the maximum benefits, one would need six bottles per month.

12. Is that expensive compared with other supplements?

At the recommended dosages, ImmPower will cost less than \$4 per day when taking the maintenance dosage and less than \$10 a day when taking it for the maximum benefits. Many dietary supplements recommended for people with serious health problems are not as well supported by scientific research and are far more expensive. Most other herbal, enzyme and natural products, when used at the recommended levels by people with serious illness, cost well over \$300 per month.

Part of the cost of AHCC, the proprietary ingredient in ImmPower, is derived from the cost of materials and the cost of manufacturing the compound. The cost of ImmPower also reflects the prior research program, resulting in more than 20 published research articles and studies, and the cost of ongoing research in the US, Japan and other countries.

Although it is not the cheapest dietary supplement available, the extensive research with AHCC shows that when ImmPower is used appropriately, it is a very valuable dietary supplement.

13. How does ImmPower compare to other supplements that stimulate and enhance the immune system?

While we cannot answer questions about other companies’ products, most do not compare to ImmPower for the simple reason that they do not have the extensive research on their products like ImmPower does.

AHCC, the unadulterated ingredient in ImmPower, has more than 20 published research articles and studies, which have been peer-reviewed between doctors, and AHCC is manufactured under the strictest quality controls possible in Japan. ImmPower is a pure product that contains no fillers and it is very competitively priced.

14. Can ImmPower be taken with the American BioSciences supplement Avé™?

Yes, as long as Avé is consumed two hours before or after taking ImmPower. Many experts recommend using both dietary supplements, because they provide complementary benefits in terms of supporting fundamental aspects of immune health.

ImmPower is a pure form of the dietary supplement AHCC® which has been shown to help support peak Natural Killer (NK) cell function and other benefits. Avé has been shown to enhance NK cell targeting ability. Peak NK cell function is associated with appropriate regulation of macrophage, B-cell and T-cell activity. Avé has been shown to maintain the proper balance of Th1 and Th2 cytokines (chemical messengers of the immune system) that support the coordinated interaction of NK cells, macrophages, B-cells and T-cells. (You can view research articles and studies on Avemar, the ingredient in Avé, at the website, www.avemarresearch.com.)

15. Can ImmPower be taken with the American BioSciences supplement HP8™?

Yes, as long as ImmPower is consumed one hour before or after taking HP8. They work in a very complementary manner, but through different mechanisms. HP8's effects are targeted specifically to aspects of prostate health while ImmPower increases Natural Killer cell activity in the immune system, killing and destroying any "non-self" cells, which are any cells that don't belong in your body. (You can view research articles and studies on HP8 at the website, www.hp8research.com.)

16. Can ImmPower be given to my pet?

Yes. The ingredient in ImmPower, AHCC, has research that shows it can improve your pets' immune system as well. In fact, American BioSciences, Inc. offers a product specifically for pets that contains AHCC, which is called NK-9™.

17. Can ImmPower be used with other dietary supplements?

There are many dietary supplements and special diets that may benefit people who may wish to use ImmPower. None of them will interfere with ImmPower, and ImmPower will not interfere with them, as long as other supplements are consumed one hour before, or two hours after, taking ImmPower. Consult with a healthcare professional that specializes in natural and nutritional medicine for a comprehensive protocol of diet, exercise and dietary supplements.

18. Can ImmPower be used along with prescription medications?

The primary ingredient in ImmPower, AHCC, has been the subject of many studies, resulting in more than 20 peer-reviewed publications, including studies that look at potential drug interactions. An answer as to whether ImmPower will interact with a specific drug is best obtained by consulting with a pharmacist or physician. Pharmacists and doctors can find research that can answer most questions on interactions at the website, www.ahccpublishedresearch.com. (For specific questions, they can call American BioSciences, Inc. at 888-884-7770.)

19. How do I store ImmPower?

ImmPower can be stored at room temperature, in a cabinet or cool place where it is not in direct sunlight or heat.

20. Are there any supplements that would work well in conjunction with ImmPower?

ImmPower happens to be an extraordinary dietary supplement back by over 20 clinical trials and studies proving it's effectiveness on the immune system. Of course, there are many supplements on the market that may be helpful as well. Since everyone's state of health is different, consult with your healthcare professional about those that would be most helpful to you, in addition to ImmPower.

21. ImmPower targets Natural Killer (NK) cell activity. What are NK cells?

Natural Killer (NK) cells were identified by scientists in the 1980's as the key or most important white blood cell on the front line of defense in the immune system. Natural Killer (NK) cells patrol the body, killing and destroying all "non-self" cells which are any cells that don't belong in your body. Unfortunately, as we age or deal with stress, Natural Killer cell activity declines, making us more vulnerable because our immune systems are less effective. ImmPower AHCC, has been shown, through over 20 clinical trials and studies, to increase Natural Killer cell activity, enhancing our immune function sometimes by more than 300%!

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